Appendix B

Recommended Electives (based on Recreational Therapy Professional Interest Area)

Developing Therapeutic Rapport & Helping Skills	
ASL 1010/Lab American Sign Language I	HLTH 2600 Medical Terminology &
ASL 1020/Lab American Sign Language I	Communication
ASL 2010 American Sign Language II	HLTH 3400 Health Promotion Program Planning
ASL 2020 American Sign Language II	HLTH 4800 Community Health Promotion
ASL 3010 Advanced American Sign Language I	PHIL 3460 Medical Ethics
ASL 3020 Advanced American Sign Language II	PRTM 3080 Leadership & Group Processes in
COMM 3480 Interpersonal Communication	Recreation
COMM 3300 Nonverbal Communication	PSYCH 3060 Human Sexual Behavior
COMM 3500 Small Group & Team Communication	PSYC 3520 Social Psychology
COMM 4700 Communication & Health	PSYC 3770 The Psychology of Group & Team
COMM 4800 Intercultural Communication	Dynamics
ED 4050 Multiculturalism	PSYC 4800 Health Psychology
HLTH 2400 Determinants of Health Behavior	SOC 3500 Self & Society
	SOC 4600 Race & Ethnicity

Management & Clinical Supervision	
AGRB/HLTH 3610 Introduction to Health Care	NPL 3030 Personnel Leadership in Nonprofit
Economics	Organizations
EDHC 3200 Generational Learning & Motivation in	NPL 3040 Risk Management of Nonprofit
the Workplace	Organizations
HLTH 2030 Overview of Health Care Systems	NPL 3050 Strategic Social Media for Nonprofit
HLTH 4400 Managing Health Service	Organizations
Organizations	PRTM 2410 Introduction to Community
MGT 4310 Employee Diversity, Rights &	Recreation, Sport and Camp Management
Responsibilities	PRTM 3210 Recreation Management
NPL 3000 Foundations in Nonprofit Leadership	PRTM 4070 Personnel Administration in Parks,
NPL 3010 Understanding Stakeholders for	Recreation and Tourism Management
Nonprofit Organizations	PRTM 4210 Recreation Financial Resources
NPL 3020 Funding & Accountability in Nonprofit	Management
Organizations	PSYC 3680 Organizational Psychology
	PSYC 3690 Leadership in Organizational Settings

Physical Medicine & Rehabilitation	
AL 3500 Scientific Basis of Coaching I: Exercise	BIOL 4780 Exercise Physiology
Physiology	HLTH 3050 Body Response to Health Behaviors
AL 3520 Scientific Basis of Coaching II:	HLTH 4020 Principles of Health Fitness
Kinesiology	PSYC 3220 Sensation & Perception
AL 3760 Coaching Strength & Conditioning	PSYC 3240 Physiological Psychology
AL 4530 Athletic Injuries: Prevention, Assessment,	PSYC 4260 Advanced Physiological Psychology
& Rehabilitation	SOC 4800 Medical Sociology

Modalities & Facilitation Techniques	
AVS 2080/Lab Techniques of Teaching	LS 2420 Meditation & Relaxation
Horsemanship	LS 2750/2760 First Aid/CPR
CCPD 1660 Self-improvement through Habit	PRTM 3040/Lab Challenge Course Facilitation
Change and Strengths and Values Identification	PRTM 4230/Lab Adaptive Sports & Recreation
HCC 4510 Inclusive Design & Accessible	PRTM 4240 Evidence-based Lifestyle
Technology	Interventions for Older Adults
LS 1000 Therapeutic Yoga	PSYC 3300 Motivation
LS 1260 Group Initiatives	PSYC 4820 Positive Psychology

Behavioral & Mental Health

EDSP 3740/Lab Characteristics & Strategies for Individuals with Emotional/Behavioral Disorders HLTH 4150 Public Health Issues in Obesity &

Eating Disorders

PSYC 3440 Psychology of Adolescents

PSYC 3700 Personality

PSYC 4080 Women & Psychology PSYC 4880 Theories of Psychotherapy SOC 3800 Introduction to Social Services

SOC 3910 Sociology & Deviance

SOC 3920 Juvenile Delinquency

SOC 3940 Sociology of Mental Illness

SOC 3970 Substance Abuse: Social causes, Consequences, & Treatment

SOC 4840 Child Abuse and Treatment

SOC 4930 Sociology of Corrections

YDP 3500 Youth Development & Mental Health

Children & Adolescents

EDEC 3360 Concepts of Play & Social
Development of Infants and Young Children
EDF 3340 Child Growth & Development
EDF 3350 Adolescent Growth & Development
HLTH 4100 Maternal & Childbirth Health
HLTH 4110 Health of At-risk Children & Families
PSYC 3440 Psychology of Adolescence
PSYC 4430 Infant & Child Development
PRTM 3050 Foundations of Camp Counseling
PRTM 3540 Youth Development in Camp
PRTM 3910 Fundamentals of Child Life
SOC 3920 Juvenile Delinquency

SOC 4840 Child Abuse and Treatment
YDP 3000 Youth Development in Society
YDP 3050 Theory & Philosophy of Youth Work
YDP 3100 Youth Development & the Family
YDP 3200 Youth Development in Sport &
Physical Activity
YDP 3250 Working with Diverse Youth
YDP 3300 Designing Effective Youth Programs
YDP 3350 Youth Activity Facilitation &
Leadership

YDP 3400 Delivering Effective Youth Programs YDP 3450 Creative Activities for Youth

Older Adults / Aging Populations

CCPD 1620 Navigating Adult Social Interactions HLTH 2500 Population Health & Fitness HLTH 4300 Health Promotion of the Aged PRTM 4160 Leisure & Aging PRTM 4240 Evidence-based Lifestyle Interventions for Older Adults PRTM 4600 Leisure across the Lifespan PSYC 3450 Adulthood & Aging SOC 4810 Aging & Death

Intellectual & Developmental Disabilities

EDSP 3730/Lab Characteristics & Instruction of Individuals with Intellectual Disabilities and Autism

PSYC 3330 Cognitive Psychology

EDSP/Lab 3760 Characteristics & Instruction for Students w/ Learning Disabilities and Emotional/Behavioral Disorders