

Upstate Community Resources

(PROGRAM DESCRIPTIONS)

Brought to you by:



Office of
**MILITARY & VETERAN
ENGAGEMENT**
Division of Student Affairs



HOTLINES:

1. **Substance Abuse and Mental Health Services Administration (SAMHSA) National Hotline/Treatment Referral Routing Service (TTY)**
 - A. SAMHSA's National Helpline, (also known as the Treatment Referral Routing Service), is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.
 - B. Also visit the [online treatment locator](#) or send your zip code via text message to find help near you.
 - C. <https://www.samhsa.gov/find-help/national-helpline>
2. **Safe Place South Carolina/First Flight Crisis Hotlines**
 - A. Safe Place SC provides resources for victims of domestic violence, physical, emotional, sexual, financial and child abuse.
 - B. <https://safeplacesc.sc.gov/directory/foothills-alliance-anderson/>
3. **MARYS House (Ministry Alliance For Regaining Your Safety)**
 - A. MARYS House is a non-profit 501 (c) (3) organization registered with the South Carolina Secretary of State. MARYS House exists to ensure safety, advocacy, and independence for victims of domestic violence, providing faith-based family services.
 - B. MARYS House provides emergency safe shelter for families who are victims of domestic violence. While providing a safe place to stay we also provide food, clothing, personal hygiene items, counseling, resources, and referrals according to individual needs. During the stay at our shelter, each client works with our professional staff to identify needs and set goals. Clients receive individual and group counseling, case management, referrals, advocacy, and all basic living necessities during their shelter stay. Follow-up support is available and encouraged for clients who have completed their stay. All services are free of charge for victims and their children.
 - C. MARYS Hope is a transitional program to assist in regaining independence. Hope will help start a new life with self-confidence, a life free from abuse. Hope assists individuals in building self-esteem with education and employment assistance, teaches budgeting and socialization skills. Hope also offers workshops, support groups and Bible studies, along with a variety of classes and therapies to develop healthy life coping skills.

- D. <https://www.maryshouse.com/home.html>
4. **Survivors of Suicide Loss Hotline/988 Suicide & Crisis Lifeline**
- A. The SC 988 Lifeline is a FREE and confidential service designed to assist people in crisis. There are three ways to contact us for immediate help—call, text, or chat. Whether you are having an emergency right now, or just want to talk about something on your mind, we are here for you.
- B. <https://988sc.org/get-help/>
5. **National CDC AIDS/National Sexually Transmitted Infections (STI)/National Herpes Hotlines**
- A. Each hotline provides information on various sexually transmitted infections provided by the Center for Disease Control.
- B. <https://www.cdc.gov/>
6. **Parents Anonymous/National Parent Helpline**
- A. Parents Anonymous is the ONLY culturally responsive program in the NATION that is proven to Effectively Improve Parenting, Enhance Mental Health, and Reduce Substance Abuse while Ensuring Child Safety for diverse families with children and youth of all ages.
- a. <https://parentsanonymous.org/>
- B. Being a parent is a critically important job, 24 hours a day. It is not always easy. Call the National Parent Helpline® to get emotional support from a trained Advocate and become empowered and a stronger parent.
- a. <https://www.nationalparenthelpline.org/>
7. **National Sexual Assault Hotline**
- A. RAINN is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the country. If you or someone you know has been sexually assaulted, help is available.
- B. <https://www.rainn.org/resources>
8. **Covenant House**
- A. Covenant House provides housing and supportive services to youth facing homelessness by helping young people transform their lives and put them on a path to independence.
- B. <https://www.covenanthouse.org/>
9. **National Runaway Safeline**

- A. The mission of the National Runaway Safeline (NRS) is to keep America's runaway, homeless and at-risk youth safe and off the streets.
- B. For 50 years, the National Runaway Safeline has been responding to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training, and services to meet the current needs of vulnerable youth and achieve an end to youth homelessness.
- C. <https://www.1800runaway.org/>

10. Safe Harbor Greenville 24/7 Help Line

- A. Safe Harbor provides a continuum of services to survivors of domestic violence and their children in Greenville, Anderson, Pickens, and Oconee Counties of South Carolina. Services include emergency safe shelter, counseling, advocacy, support groups, safety planning, and other supportive services. All services are confidential and free of charge.
- B. <https://www.safeharborsc.org/>

11. South Carolina STD/HIV Hotline

- A. Provides information on sexually transmitted diseases and HIV for South Carolina.
- B. <https://scdhec.gov/infectious-diseases/hiv-std-viral-hepatitis/getting-help-who-call>

12. Teen Pregnancy Hotline

- A. The American Pregnancy Association is a national health organization committed to promoting reproductive and pregnancy wellness through education, support, advocacy, and community awareness.
- B. <https://americanpregnancy.org/>

13. United Way

- A. United Way brings people together to build strong, equitable communities where everyone can thrive. As one of the world's largest privately funded charities, serving 95% of U.S. communities and 37 countries and territories -- making life better for 48 million people every year. Through United Way, communities tackle tough

challenges and work with private, public, and nonprofit partners to boost education, economic mobility, and health resources.

B. <https://www.unitedway.org/>

FINANCIAL ASSISTANCE AGENCIES:

1. The Dream Center

A. The Dream Center exists to encourage, educate, and empower people in need through the love of Jesus Christ. Everything we do as an organization is intended to provide a hand UP, instead of a handout.

B. <https://www.dreamcenter.org/>

2. Ninth District Opportunity, Inc.

A. Ninth District Opportunity, Inc. is a private Non-Profit corporation founded in 1967 to carry out the mandate of the Economic Opportunity Act of 1964. NDO's primary purpose is to work in partnership with low-income people, promoting access to opportunities leading toward Self-Development, Self-Reliance, and Self-Determination.

B. <https://www.ndo.org/web/stephens.html>

3. Oconee United Ministries

A. Agency provides rent payment and deposit assistance, electric service payment and deposit assistance, gas service payment and deposit assistance, water service payment and deposit assistance, education expense assistance.

B. https://sc211.org/index.php?option=com_cpx&task=resource.view&id=3603461&search_history_id=2673451&code=BH-3800

4. Ripple of One

A. Ripple of One is focused on supporting families and young adults to move beyond the need for public assistance. They provide education, mentoring and incentives to support the journey to financial independence, eliminating the need for public assistance. Their vision is to transform poverty into generational success one client at a time. Their mission is to walk alongside clients and help them by providing them emotional, educational, and financial support.

B. <https://www.rippleofone.org/>

5. S.H.A.R.E

A. SHARE is a non-profit Community Action Agency that provides a wide range of services to low and moderate-income residents in upstate South Carolina.

B. In America, there is a service delivery network of over 1000 Community Action Agencies which mobilize and build capacity for a

better quality of life in low-income families and in low-wealth neighborhoods. National Award for Excellence. Sunbelt Human Advancement Resources, Inc. (SHARE), charter recipient of the National Award for Excellence in Community Action, is the local Community Action Agency for Greenville, Anderson, Oconee, and Pickens Counties in South Carolina.

C. <https://www.sharesc.org/>

FOOD PANTRIES & MEALS:

1. Bethel Baptist Church

A. The Food Closet Ministry is open the fourth Wednesday of each month and is free to anyone who needs food assistance. If you want to give time by helping with this ministry, please see Donna Blakeney. Donations should be non-perishable items such as canned goods and other items that will not spoil.

B. <https://www.bethelgreenville.org/food-pantry>

2. College Street Baptist Church Food Pantry

A. Local food pantry located in Walhalla, SC offering food each Monday and Tuesday from 10:00 AM to 1:00 PM.

B. [https://www.collegestreetbaptist.org/CSBC Food Pantry/food pantry public notification.htm](https://www.collegestreetbaptist.org/CSBC_Food_Pantry/food_pantry_public_notification.htm)

3. Dot's Kitchen

A. Local food bank located in Westminster, SC serving free lunch Monday through Friday from 11:30 AM to 12:30 PM.

B. One plate per person per day.

C. <https://www.facebook.com/people/Dots-Kitchen-of-Westminster/100064803006228/>

4. Five Point Church Food Pantry

A. 5 Point Church is currently located in the Rockville shopping center at 1039 S. Pendleton Street in Easley, is a rapidly growing contemporary church whose mission is to reach non-believers and teach them about Jesus Christ.

B. 5 Point Church does this through various outreach ministries aimed at our community. One of these is our Storehouse, which serves several hundred individuals and families each week.

C. <https://www.thestorehouseeasley.org/>

5. Golden Corner Food Pantry

A. Golden Corner Food Pantry's mission is to provide emergency and supplemental food to disadvantaged and low-income residents of Oconee County. They provide food for temporary relief until people

can get back on their feet (emergency) or food for those who cannot quite make ends meet and need occasional help in getting by (supplemental). Clients qualify for our service if their gross household income is less than 150% of the Federal poverty level, or if they are unemployed or disabled.

B. <https://goldencornerpantry.org/>

6. Our Daily Bread - Seneca

A. Our Daily Bread serves approximately 130 meals Monday – Friday. On Saturday and Sunday other groups use the kitchen to serve meals to serve the community.

B. <http://ourdailybreadsc.org/>

7. Salvation Army of Oconee County

A. Our Service Center located at 100 Debra Street in Seneca, SC, 29678 offers emergency assistance to help Oconee County residents with utility bills, non-perishable food items, fire/disaster needs, and child and senior Christmas assistance through Angel Tree.

B. Our Service Center partners with our local Salvation Army Family Store at 513 By-Pass 123 in Seneca to provide vouchers for Oconee residents in need of clothing as well as household needs through American Red Cross fire referrals. We also participate in local, state, and national Emergency Disaster Response. Additional services are provided through our network with multiple area service agencies within our Pathway of Hope Program.

C. <https://southernusa.salvationarmy.org/greenvillesc/service-centers/>

8. ST. Luke Methodist Food Pantry

A. Food Pantry for Oconee County residents. Spiritual support. Located in Walhalla.

B. <https://www.stlukewalhalla.org/>

9. SHINE Soup Kitchen

A. Serve the hungry by providing nutritious meals in a loving and welcoming environment. Located in Easley, SC.

B. To-go plates served Monday, Wednesday, and Thursday @ 5:00 PM - 6:00 PM.

C. <https://www.shinesoupkitchen.org/>

10. The Hope Center of Toccoa – Community Soup Kitchen & Emergency Food Pantry

- A. For over 30 years, the Toccoa Soup Kitchen has been serving the hungry in our community. Now a ministry of The Hope Center, the soup kitchen will enable us to share the love of God by giving our customers food for their bodies, kindness for their souls, and hope for the future.
- B. Breakfast, lunch, and dinner served Monday-Saturday 9:00am-1pm and 3pm-6pm.
- C. The Emergency Food Pantry is a food distribution program with the goal of providing families and individuals facing emergency situations with a supply of healthy food.

11. We Care Community Service Center

- A. Drive thru only giving out food and clothing. In need of Diapers and baby/toddlers clothing. Adult diapers as well. Serving Oconee County.
- B. Monday – Thursday 9:00 AM – 11:30 AM.

SHELTERS/HOMELESS ASSISTANCE:

1. Alton Wilkes Society (Offender Assistance)

- A. Our Residential Reentry Centers house federal offenders through contracts with the Federal Bureau of Prisons. AWS provides 24-hour supervision, housing, food, and intense case management. We also offer services like anger management counseling, cultural diversity training, life-skills training, financial management classes, and substance abuse counseling if needed. These services help ensure that our residents have all the tools necessary for them to transition back into their communities, where they can become productive and successful members of society.
- B. <https://www.alstonwilkessociety.org/>

2. Family Promise of Anderson County, Inc.

- A. Family Promise of Anderson County (FPAC) strives to keep families together during this difficult journey of displacement. We can mobilize compassionate members of the community, social service agencies, congregations, and organizations together to end homelessness for children and their families.
- B. <https://familypromiseanderson.org/>

3. Habersham Homeless Ministry

- A. This program offers 4 shelters for families, and 2 shelters for single women. Must be alcohol and drug free and capable of independent living. Program not geared towards chronic homeless, but people who want to be contributing members of society. A family must have at least one person over the age of 18.
 - B. <https://habershamhomelessministries.com/>
4. **Haven of Rest Ministries**
- A. Haven of Rest is a Bible-based discipleship program and ministry located in Anderson, South Carolina that is designed to rescue, restore, and release men and women facing life-dominating problems related to addiction and homelessness.
 - B. <https://www.havenofrest.cc/>
5. **MARYS (Ministry Alliance for Regaining Your Safety)**
- A. This is a shelter for women of children facing domestic violence.
 - B. <https://www.maryshouse.com/>
6. **Our Daily Rest**
- A. Our Daily Rest is driven by a single goal; to help people experiencing homelessness, who want to help themselves find their way to financial independence and a home. We have served more than 1,600 clients right here in Oconee County, and through our results-driven program, we are working to end the cycle of homelessness in our community.
 - B. <https://www.ourdailyrest.org/>
7. **Safe Harbor Greenville**
- A. Safe Harbor is a private 501(c)3 non-profit organization that offers a continuum of services for survivors of domestic violence and their children in Greenville, Anderson, Pickens, and Oconee Counties. Our services include a 24/7 help line, safe emergency shelters, counseling for survivors and their children, case management, assistance with filing for an Order of Protection, transitional housing, domestic violence education and parenting classes, and group support.
 - B. We have approximately 45 full-time staff, 20 part-time staff and over 300 volunteers, including our board of directors.
 - C. Together, we make a difference for victims of domestic violence and their children by providing them with safety and resources, helping them to heal, and giving them the support they need to start new lives.
 - D. <https://www.safeharborsc.org/>
8. **Salvation Army Stringer Emergency Family Refuge**
- A. This program serves families in Anderson County who need to get off the street when an emergency takes place. Serving Anderson County.

- B. <https://southernusa.salvationarmy.org/andersonsc/?q=anderson/home/family-shelter>

9. **United Housing Connections**

- A. We are on a mission to connect people at-risk for or currently experiencing homelessness with safe, sustainable, and affordable homes. To that end, we build and manage affordable housing for low-income people and provide prevention and housing programs.
- B. We envision an Upstate SC where all people can live in a safe, sustainable, and affordable home.
- C. <https://www.unitedhousingconnections.org/>

10. **Family Promise of Pickens County**

- A. Family Promise is a nonprofit organization committed to helping low-income families achieve lasting independence. Family Promise enables churches and volunteers to meet homeless families' immediate needs for shelter, meals, and comprehensive support services.
- B. We mobilize community resources:
 - a. Congregations for volunteers
 - b. Social service agencies for assessment and referrals
 - c. Leslie Flynn Day Center for day programs
- C. This strategy enables Family Promise of Pickens County to help homeless families achieve lasting independence at one third of the cost of a traditional shelter.
- D. <https://www.familypromisepickens.org/>

HOUSING:

1. **Habitat for Humanity Oconee County**

- A. The mission of Oconee County Habitat for Humanity and its 200 volunteer members is to eliminate poverty housing in Oconee County by giving families an opportunity to improve their standard of living by acquiring a home of their own.
- B. Our objective is to provide 4-5 homes a year to meet the increased need for decent affordable housing in Oconee County. To date, OCHFH has provided more than 100 families with such housing. We are in constant need of volunteers - skilled and unskilled. We are in search of construction supervisors, plumbers, and electricians. Construction crews work a 4-hour shift Mondays, Thursdays, and Saturdays.
- C. <https://www.oconeehabitat.org/>

2. **Northeast Georgia Housing Authority**
 - A. The Northeast Georgia Housing Authority provides affordable housing based on your household income.
 - B. We also offer some market-rate private rentals.
 - C. <https://www.negahousingauthority.com/>
3. **Oconee County & Seneca Area Low-Cost Housing**
 - A. Find low-income apartments in Oconee County, South Carolina along with nonprofit organizations that help with low-income housing needs.
 - B. We have listed the low-income apartments in Oconee County, SC. Properties include HUD low-income housing, public housing offered by housing authorities along with nonprofit organizations that help with low-income housing needs.
 - C. <https://www.lowincomehousing.us/cty/sc-oconee>
4. **South Carolina Regional Housing Authority**
 - A. Agency provides low income/subsidized private rental housing, public housing, and section 8 housing choice vouchers.
 - B. <https://www.scrha.net/>

MEDICAL/DENTAL:

1. **Cancer Society of Greenville County**
 - A. Connecting people to free, integrative services that can meet their emotional needs, relieve financial burdens, and equip them for the most successful journey through cancer.
 - B. <http://www.cancersocietygc.org/>
2. **Foothills Community Healthcare**
 - A. At Foothills Community Health Care, our goal is to keep you well and help give you the care you need when you need it the most, no matter the price. From routine screenings to managing chronic conditions, our family of providers take the time to listen to your concerns and develop a treatment plan that is right for you.
 - B. We offer patient-focused primary care services that best support you and your family's health care preferences, needs and values.
 - C. <https://www.myfchc.org/>
3. **Foothills Care Center - Seneca**
 - A. Foothills Care Center offers free and confidential services focusing on positive, life-affirming alternatives to pregnancy termination for women and families facing tough decisions about their unplanned pregnancy. Each aspect of the program is tailored to each client and where they are in their journey.

- B. This program provides:
 - a. Pregnancy tests
 - b. Ultrasound
 - c. Options counseling
 - d. Material Assistance for Pregnant Women & Moms
 - e. Education classes
 - f. Men's mentorship program
 - g. Prenatal & Parental training
 - h. Community assistance referral
 - i. Post pregnancy termination support
 - C. This program does not offer or refer for pregnancy terminations. Please call ahead to confirm privacy policies.
 - D. <https://foothillscarecenter.org/>
4. **Leukemia, Lymphoma Society**
- A. We are the largest nonprofit dedicated to creating a world without blood cancers. Since 1949, we have invested more than \$1.6 billion in groundbreaking research, pioneering many of today's most innovative approaches.
 - B. The LLS mission: Cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and improve the quality of life of patients and their families.
 - C. <http://www.lls.org/>
5. **Mountain Lakes AccessHealth**
- A. Mountain Lakes AccessHealth (MLAH) is a community network (funded by The Duke Endowment) comprised of more than 20 local agencies working together with physicians to strengthen healthcare delivery for the uninsured. Through compassionate care coordination, low-income uninsured adults meet regularly with MLAH team members to develop and implement an individualized plan of care.
 - B. Services include:
 - a. Connecting participants to a medical home for comprehensive primary care
 - b. Coordinating referrals to specialists
 - c. Assisting participants with low-cost medications
 - d. Connecting patients to additional community resources and federal assistance programs
 - e. Providing ongoing education on chronic disease management to ensure that everyone can improve their quality of life.
 - C. This case management model is a shift from crisis management to prevention, early intervention, and disease management. By providing access to physicians, access to resources and access to education and support, MLAH expects to see an improvement in the quality of life of each participant, thus positively impacting the health of the entire community.
 - D. <https://scha.org/>

6. Prisma Health Hospice of the Foothills

- A. Prisma Health Hospice of the Foothills provides medical, nursing, and spiritual care, and emotional support, to patients and their families. We offer a variety of hospice and bereavement services to the residents of Oconee, Pickens, Anderson, and Greenville counties.
- B. Offering various levels of services to meet the needs of patients, loved ones and caregivers, our services are available 24 hours a day, seven days a week. Care is provided wherever the patient lives – at home, an assisted living/long-term care facility or at a hospice facility, such as Cottingham House.
- C. <https://prismahealth.org/>

7. Rosa Clark Free Medical Clinic

- A. The Rosa Clark Medical Clinic is a free medical clinic providing care to residents of Oconee County who are unable to turn anywhere else for medical care.
- B. Services include:
 - a. Primary care office visits
 - b. Laboratory services
 - c. Prescription medications
 - d. Referral services
- C. <https://rosaclarkclinic.org/>

FAMILY/SENIORS/CHILD SERVICES:

1. Collins Children's Home & Family Ministries

- A. Collins Children's Home is a 501(c)(3) not-for-profit organization that provides a residential home for children between the ages of birth and 21 who have been abused, abandoned, neglected, or otherwise unable to live with their families.
- B. We serve children in the community based on their needs, not their family's ability to pay.
- C. <https://www.collinschildrenshome.org/>

2. FIRST STEPS/Prepare Kids for 1st Grade – Oconee County

- A. Oconee County First Steps is a local nonprofit that works collaboratively to ensure that all children start school ready to reach their highest potential. We achieve this goal by engaging families, caregivers, and community partners in high-quality programs and services that improve early childhood development, from before birth through age five. We also serve as a connector and convener of all early childhood stakeholders in Oconee County.

- B. Oconee County First Steps is a local partnership of South Carolina First Steps, the state's dedicated early childhood initiative. As with each local partnership, we operate as an independent nonprofit with a local board and staff. Because our community has unique needs and resources, we tailor our offerings to best meet the needs of local families.

- C. <https://oconeefirststeps.org/>

3. First Light

- A. Providing free support for people who have experienced sexual assault and child abuse in Anderson and Oconee, South Carolina.

- B. <https://firstlightsc.org/>

4. Golden Corner Respite Care

- A. We are a program that provides meaningful, failure-free activities for seniors with early to moderate memory impairment due to Alzheimer's disease and other related dementia

- B. <https://www.gcrespite.com/>

5. Helping Hands of Clemson

- A. Our mission is to provide the children in our care with a safe place to live, food, clothing, access to education, healthcare, and counseling.

- B. The Program accepts abused and/or neglected teenage boys who have been taken into care by the SC Department of Social Services. We are licensed to care for teenage boys throughout the state, but most children come from Anderson, Greenville, Oconee, and Pickens Counties.

- C. Our current license grants us the chance to care for teenage boys from age 12 to age 21. The boys may be with us as little as overnight or up to a year or more.

- D. The Shelter can care for up to 32 boys at a time and has cared for more than 8,550 children since opening the doors.

- E. Over 50% of the children that find shelter at Helping Hands are here due to neglect that is often a direct result of parental substance abuse. Many of the children test positive for exposure to drugs. All the children have been victims of neglect and/or abuse (physical abuse, sexual abuse, and/or mental abuse)

- F. <http://helpinghandsofclemson.org/>

6. Miracle Hills Ministries – Greenville Rescue Mission

- A. Greenville Rescue Mission is a safe emergency shelter for men. It provides food, shelter, clothing, and compassion for those experiencing homelessness.

- B. Our Crisis program provides short-term services for guests who desire only temporary shelter.

- C. In-depth services are provided through the New Life Program for those who seek more comprehensive care.
- D. With the help of our counselors and case managers, we aim to move guests toward stability and healthy relationships.
- E. In partnership with New Horizon Family Health Services, we provide respite care beds for those experiencing homelessness who have been released from the hospital with special medical needs and have no other place to recover safely.
- F. <https://miraclehill.org/shelters/greenville-rescue-mission/>

7. Safe Kids Upstate

- A. Safe Kids Upstate is led by The Bradshaw Institute for Community Child Health & Advocacy, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe.
- B. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.
- C. <https://www.safekids.org/coalition/safe-kids-upstate>

8. South Carolina Thrive

- A. SC Thrive connects people to crucial benefits — from food security and healthcare resources to financial wellness and more. We meet you where you are to provide easy access to the resources you need to have a better quality of life.
- B. <https://scthrive.org/>

9. Senior Solutions

- A. We offer Transportation, Information & Referral services, Adult Day Care, Home Care, Home Delivered Meals, Congregate Dining Sites & Senior Centers.

- B. We offer a SENIOR Access program which is an information and referral service for any senior-related topic. Through this program we assist seniors in locating and utilizing resources within SENIOR Solutions and/or the community around them.

- C. <https://www.upstateseniors.org/>

10. SNAP – South Carolina Department of Social Services

- A. Households, individuals, seniors, and the homeless may all be eligible for SNAP benefits. People who are working and need help to stretch their income to purchase food may also be eligible for SNAP benefits

as well as those receiving Social Security benefits, child support, or unemployment.

- B. DSS administers SNAP through DSS county offices. Eligibility caseworkers interview applicants and approve those who qualify to receive the food benefit.
- C. Qualified applicants for SNAP begin receiving benefits within 30 days of their application. Some families and individuals need expedited benefits, which begin within seven days of application.
- D. <https://dss.sc.gov/assistance-programs/snap/>

11. Tamasee DAR School

- A. Tamasee DAR School's Early Childhood Learning Program serves infants, toddlers, and preschoolers, including SC First Steps 4K. Our teachers stimulate brain development and kindergarten readiness through play-based learning.
- B. Tamasee's Afterschool and Summer Program serve kindergarten to middle school students. Our teachers and tutors support students to excel in school and become exceptional citizens.
- C. Tamasee's educational programs are nationally accredited by the Council on Accreditation, and the Early Learning Center is licensed by the South Carolina Department of Social Services and an ABC Quality provider.
- D. <https://www.tdarschool.org/>

12. Tribble Center

- A. We provide innovative services that promote abilities and a quality of life that would otherwise be out of reach. Persons with disabilities and their families will experience a higher quality of life.
- B. Services offered:
 - a. Early Intervention
 - b. Adult Day Services
 - c. Residential Services
 - d. Support Services
- C. <https://www.thetribblecenter.com/>

13. Upstate Warrior Solution

- A. Upstate Warrior Solution is a community-based, nonprofit organization serving warriors and their families in the upstate of South Carolina.
- B. Our mission is to CONNECT warriors and their family members to resources and opportunities, LEAD them through the process of self-empowerment, and INSPIRE the community to embrace local warriors and their family members as valued neighbors and friends.

- C. Our vision is to restore our warriors with a sense of purpose and to empower the Upstate community to be responsive to our warriors and their families.
- D. We offer supportive services to all Upstate warriors and their families. We serve Reservists, National Guard, and active duty, regardless of military branch, nature of discharge, or current life situation.
- E. <https://upstatewarriorsolution.org/>

BEHAVIORAL AND MENTAL HEALTH:

1. Anderson/Oconee Behavioral Health Services

- A. Services Available to Adults at AO-BHS
 - a. ADSAP- Alcohol Drug Safety Action Program
 - b. EAP - Employee Assistance Programs
 - c. Traditional Outpatient Services
 - d. IOP- Intensive Outpatient Services
 - e. Gambling Addiction Treatment
 - f. Smoking Cessation Treatment
 - g. NOVA - New Outlooks Via Awareness
 - h. Women's Empowerment Group
 - i. Anger Management
 - j. WIOP - Women's Intensive Outpatient
 - k. Continuing Care Group
- B. <http://www.aobhs.org/>

2. Fortitude – Consulting, Counseling, and Supervision Services

- A. At Fortitude CCSS, we believe everyone, at some point in our lives, can benefit from counseling and make positive changes. Not only can we all improve ourselves in some way(s), but life happens. When the difficulties of life happen, it can be exceedingly difficult to make sense of. Life can throw challenges our way that can be overwhelming or harmful. As a result, we can find ourselves at a loss on how to cope or move forward in a healthy, productive way.
- B. Specialties and Issues Treated:
 - a. Acute Trauma and PTSD
 - b. Abuse
 - c. Adjustment Issues
 - d. Anxiety Disorders
 - e. Mood Disorders

3. National Alliance on Mental Illness (NAMI) – Anderson/Oconee/Pickens

- A. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.
 - B. NAMI works to educate, support, advocate, listen and lead to improve the lives of people with mental illness and their loved ones.
 - C. <https://nami.org/home>
4. **SC Department of Mental Health/Mental Health Center – Anderson/Oconee/Pickens**
- A. Anderson-Oconee-Pickens Mental Health Center has offered mental health consultation for adults, children, and families affected by serious mental illness and emotional disorders in South Carolina. Our highly qualified and caring professionals offer a multi-disciplinary approach to individualized services that are person-centered and recovery oriented.
 - B. Mental health agency that primarily focuses on outpatient treatment and offer individually focused services for adults, children, adolescents, military, and veterans.
 - C. Our outpatient treatment program offers various treatment options, including individual therapy, group services, family treatment, and community focused counseling, training, and education.
 - D. A coordinated, thorough, and personalized treatment framework can be offered and changed according to the individualized needs and goals established in partnership with your mental health clinician and psychiatric treatment team.
 - E. We work in collaboration with our patients, to help reduce mental health symptoms and issues, improve self-confidence and growth, enhance self-management skills, and improve relationship issues.
 - F. <https://aopmentalhealth.org/>

JOB TRAINING:

1. **Goodwill Industries of Upstate/Midlands South Carolina - Job Connection**
 - A. Services Offered:
 - a. Connect you to job leads and referrals
 - b. Meet with a free career coach
 - c. Access to computer, phone, and Internet

- d. Resume development and cover letter help
 - e. Job search guidance and tips
 - f. Offer free work-readiness workshops like interviewing and basic computer skills
 - g. Host regular job fairs
 - h. Refer those in need to community resources
 - i. Offer on-the-go services via Mission Mobile
- B. Goodwill hosts weekly Information Sessions throughout the Upstate and Midlands.
- C. <https://www.goodwillsc.org/career-services/job-connection/>

2. **South Carolina Vocational Rehabilitation**

- A. If you have a disability, we can help you understand the options available in becoming or staying employed. Individualized services are provided at offices around the state and may include:
- a. Assessment for eligibility, career exploration, and planning for employment
 - b. Disability management through counseling, therapies, treatments, or assistive devices
 - c. Training to enhance skills using instruction and work experiences in our offices, on worksites, or through educational partnerships
 - d. Job search assistance to help you find competitive employment, and support once you are on the job
- B. <https://scvrd.net/>

1. **South Carolina Works – Anderson Center**

- A. Through the SC Works center, the S.C. Department of Employment and Workforce, the S.C. Department of Social Services, the Commission of the Blind, Adult Education, and the S.C. Department of Vocational Rehabilitation leverage the state’s workforce system by providing services such as career guidance, job referrals, and testing and training to meet the needs of jobseekers, employers and those looking to further their careers.
- B. SC Works Centers and Connection Points across the state, there are a variety of workforce services in all 46 S.C. counties.
- C. The state’s SC Works system offers services to help employers screen and match, hire, train and retain workers.
- D. <https://scworks.org/>

ADDICTION REHABILITATION AND RECOVERY:

1. **Capstone Treatment Center**

- A. Capstone is a young adult and teen rehab center in Arkansas, treating young men who struggle with a wide range of hurts, struggles, compulsions, addictions, and other self-destructive behaviors.
 - B. Contact for help with:
 - a. Substance Use
 - b. Anxiety
 - c. Sexual Compulsions
 - d. Family Conflict
 - e. Co-Occurring Disorders
 - f. Technology Addiction
 - g. Depression
 - h. Pornography
 - i. Trauma
 - j. Attachment Issues
 - k. Toxic Shame
 - l. Behavioral Issues
 - C. <https://www.capstonetreatmentcenter.com/>
2. **OARS Men's Recovery – Oconee Addiction Recovery and Solutions**
- A. Intensive 30-day men's inpatient drug and alcohol treatment center, Walhalla, Oconee County, SC.
 - B. [https://www.oars-recovery.org/ - /](https://www.oars-recovery.org/)
3. **Home with a Heart**
- A. Home With A Heart is dedicated to helping men get set free from the bondage of drug/alcohol abuse one day at a time. Our eight-week program is designed through the teachings of the Holy Bible, and the 12-step principles of AA/N.A. Our program also provides group and work therapy.
 - B. Twice each week Tommy Duniho from Anderson, SC conducts a group session through the Bible with the men for them to better understand themselves and others.
 - C. <https://homewithaheart.com/>
4. **Miracle Hills (Overcomer's and Renewal for Women Centers)**
- A. Renewal is a residential addiction recovery program for women struggling with addiction and other life-dominating issues.
 - B. The program is Christ-centered and adapts the twelve steps from a Biblical perspective to help our guests develop a life free from the bondage of sin and addiction. Included is individual counseling, education, life skills, relapse prevention, Bible studies, devotional services, and discipleship training.
 - C. The program is at least seven months followed by transitional housing for more support as guests move towards independent living.
 - D. <https://miraclehill.org/shelters/renewal-for-women/>

5. **Alcoholics Anonymous**

- a. Upstate Intergroup, formerly the Greater Greenville Intergroup. Their office has moved and is now located at 1302 Rutherford Rd, Greenville, SC 29609. (Note: Enter on the side of the building, under the orange awning)
- b. The Upstate Intergroup of Alcoholics Anonymous is a Service Board or Committee formed by the groups in the Upstate Area of SC to create a partnership among groups in this region. Our Intergroup exists to aid the groups in their common purpose of carrying the message to the alcoholic who still suffers and is directly responsible to the AA groups that they represent.
- c. <https://www.upstateintergroup.org/>

6. **The Bridge Center – Men’s Recovery in Anderson, SC**

- a. They exist to help men afflicted with addiction meet the Grace of God through the 12 steps of alcoholics anonymous.
- b. Their Vision...eradicate addiction in our community one addict and alcoholic at a time.
- c. The Bridge Center Recovery is located at 2403 W. Whitner St, Anderson, SC 29624.
- d. Contact them by phone at (864) 540-8080.
- e. <https://www.thebridgecenterrecovery.org/>

EDUCATION & GED:

1. **GED Program St. Paul the Apostle**

- A. English language training, GED prep classes, Guidance on local education options.
- B. <http://www.saintpaulseneca.org/ministries/>

2. **Oconee Adult Education Office**

- A. Agency provides:
 - a. HSED (formerly GED) services
 - b. High School Diploma services
 - c. Career Readiness Certificate (formerly Work Keys)
 - d. ESL (English as a Second Language)
- B. <https://ae.sdoc.org/>

MISC:

1. **American Red Cross – Upstate South Carolina**

- A. The Upstate SC Chapter of the American Red Cross serves the counties of Abbeville, Greenville, Spartanburg, Anderson, Laurens, Greenwood, McCormick, Oconee, Pickens, and Union.
- B. <https://www.redcross.org/>
- 2. **Department of Health and Human Services – Healthy Connections (Medicaid)**
 - A. Medical assistance program that helps pay for some or all medical bills for many people who cannot afford medical care.
 - B. <https://www.scdhhs.gov/members/getting-started>
- 3. **Department of Social Services – Oconee County**
 - A. The Department’s mission is to serve South Carolina by promoting the safety, permanency, and well-being of children and vulnerable adults, helping individuals achieve stability and strengthening families.
 - B. <https://dss.sc.gov/>
- 4. **Georgia Department of Human Services**
 - A. DHS delivers a wide range of human services designed to promote self-sufficiency, safety, and well-being for all Georgians.
 - B. <https://dhs.georgia.gov/>
- 5. **Oconee Regional Humane Society**
 - A. Dedicated to bringing people and adoptable animals together for lifelong relationships through rescue and adoption.
 - B. We are committed to reducing animal overpopulation in our community through public outreach and low/no cost spay/neuter programs.
 - C. <https://www.orhspets.org/>
- 6. **United Way of Oconee County CALL 2-1-1**
 - A. United Way brings people together to build strong, equitable communities where everyone can thrive. As one of the world's largest privately funded charities, serving 95% of U.S. communities and 37 countries and territories -- making life better for 48 million people every year. Through United Way, communities tackle tough challenges and work with private, public, and nonprofit partners to boost education, economic mobility, and health resources.
 - B. <https://www.unitedway.org/>
- 7. **South Carolina Department of Health & Environmental Control – Public Health**
 - A. The South Carolina Department of Health and Environmental Control (DHEC) is charged with promoting and protecting the health of the public and the environment in South Carolina. With more than 3,400 employees working in approximately 100 locations across the state, DHEC instills a people-first approach to all that we do. This includes

working with our partners, communities, and others to help every South Carolinian have the access, resources, and information they need to improve the environment in which they live, make decisions that enhance their health, and have access to the highest quality healthcare.

B. <https://scdhec.gov/>

1. **Stephens County Division of Family & Children Services**

A. The Georgia Division of Family & Children Services (DFCS) investigates reports of child abuse; finds foster and adoptive homes for abused and neglected children; issues SNAP, Medicaid and TANF; helps out-of-work parents get back on their feet; and provides numerous support services and innovative programs to help families in need.

B. <https://dfcs.georgia.gov/>

LOCAL THRIFT STORES:

1. **Boys Camp**

A. The Boys Camp Thrift Stores are clean, well-lit, and overflowing with quality items. We have nearly any item you can imagine—clothes, shoes, appliances, linens, home décor, electronics, TVs, and much more!

B. All items are carefully sorted, furniture pieces are cleaned, and electrical components are tested to assure the highest quality possible.

C. <https://www.fairplaycamp.org/thrift-stores/>

2. **Wilderness Way Girls Camp Thrift Store**

A. Wilderness Way operates four different thrift stores here in the local area. By shopping and/or donating to the stores, you are empowering Camp to keep functioning and to assist families with tuition costs.

B. <https://www.wildernesswaycamp.org/thrift-stores>

3. **Habitat for Humanity ReStore**

A. Habitat ReStores are independently owned reuse stores operated by local Habitat for Humanity organizations. ReStores accept donations and sell a constantly changing inventory of diverse, high-quality merchandise to the public at a fraction of the retail price, while diverting reusable household items and building materials from area landfills.

B. Sales of donated items help Habitat for Humanity partner with local families to build, rehabilitate and repair safe and affordable homes in your community and around the world — a good deal for you, your community, and the environment. Together, we can help families

achieve the strength, stability, and self-reliance they need to build a better future while creating stronger neighborhoods.

C. <https://www.habitat.org/>

4. Salvation Army Family Stores – Greenville/Clemson/Seneca

A. The Salvation Army Family Stores are frequented by so many different people – some looking for their own unique fashion sense, some looking for a deal, and some because they have nowhere else to go. Shopping and Donating are a terrific way to support your local community.

B. When you donate goods to The Salvation Army, the items are then sold through our Family Stores, and the proceeds are used to fund life-saving programs in your community. It is a win-win! The Salvation Army has 4 Family Store locations in the Upstate.

C. <https://southernusa.salvationarmy.org/greenvillesc/family-stores-s>

5. Tamasee DAR School: Thrift Shop

A. The Tamasee Dar School Thrift Shop allows shoppers to find products like unique clothing, home goods items, antiques, novelty items, and even furniture at certain stores. Thrift stores are known for their bargain deals on items that you will not be able to find at your local department stores.

B. <https://www.tdarschool.org/>

TRANSPORTATION:

1. Modivcare of South Carolina Transportation

A. We address the social determinants of health (SDoH) by bringing quality patient transportation, remote patient monitoring, meal delivery and personal in-home care to homes all across America.

B. <https://www.modivcare.com/>

2. Ride to Work Ministry Non-Profit Inc.

A. Ride To Work Ministry Non-Profit Inc. was created with a mission to provide temporary affordable transportation to residents of Oconee County, South Carolina so they can transition to stable employment with a living wage and become self-sufficient.

B. <https://rtwministry.org/>

VETERAN RESOURCES:

1. **Project Victory Gardens**

- A. Project Victory Gardens is an agritherapy, animal therapy, and agriculture education program designed to cultivate resiliency among our nation's veterans. Through exposure to farming techniques, artisan homesteading classes, and participation in resiliency exercises, Victory Gardeners will experience a reawakening of the drive and sense of purpose that they had in the military.
- B. <https://www.projectvictorygardens.org/>

2. **When Life Sucks Foundation**

- A. WLS Foundation exists to strengthen veterans and their families in the fight to heal from trauma and live well.
- B. The battle for many American heroes continues for years after returning home. Too often these burdens cause our returning warriors depression, anxiety, financial struggles, and marriage problems.
- C. WLS Foundation is made up of veterans who have experienced first-hand the devastating consequences of trauma, along with supporters dedicated to improving the lives of our veterans.
- D. We have a great appreciation for the service and sacrifices that veterans and families have endured to fight terrorism, preserve freedom, and protect democracy. We know that this has come at a great price, and we want veterans and their family members to know that they have someone in their corner.
- E. <http://www.whenlifesucks.org/>

3. **Clemson University Military & Veteran Engagement**

- A. Clemson Military & Veteran Engagement is a place to meet other veterans and military-connected students, learn about available resources for military students, and study or work collaboratively.
- B. Resources Available:
 - a. Streaming Services
 - b. Movie & Games Library
 - c. PlayStation 4
 - d. Nintendo Switch
 - e. Desktop Computers
 - f. Study Room
 - g. Printing/Copying Services
 - h. Refrigerator
 - i. Microwave
 - j. Keurig Coffee Machine
 - k. OneNation Coffee
 - l. Personal Lockers
 - m. Community Library

- n. White Boards
- o. Conference Table
- p. Charging Station
- q. School Supplies
- r. Tutoring Services

C. <https://www.clemson.edu/veterans>

4. **Clemson University Veterans Commission**

- A. The Clemson University Presidential Veterans Commission was established on October 25, 2018, as the sixth University Commission.
- B. The purpose of the Veterans Commission is to serve in an advisory capacity to the university administrators, faculty, staff, and students regarding matters that affect veterans and their families.
- C. The commission seeks to create an atmosphere that encourages inclusion and to recommend policies that will improve access and opportunities for our student veterans.
- D. <https://www.clemson.edu/inclusion/commissions/veterans-commission/index.html>

5. **Clemson University Student Veterans Association**

- A. The Clemson Student Veterans Association is a student organization founded in 2008 by student veterans to advocate for military veterans and military-connected students at Clemson University.
- B. We promote their educational, social, recreational, and cultural interests and cooperate with other organizations on campus.
- C. We do this by providing a community of support for student military veterans, their family members and loved ones.
- D. We also serve on several student councils, speak before the student government, and communicate with the National Student Veterans Association to better serve Clemson's military population.
- E. <https://www.clemson.edu/studentaffairs/find-support/osse/mve/csua.html>

6. **Clemson Corps**

- A. The Clemson Corps is a constituency group dedicated to continuing Clemson's military heritage and developing other opportunities to commemorate the military history of Clemson University. In addition, it aims to support Clemson University's Army and Air Force ROTC programs, Marine Corps Officer Candidates and Student Veterans through annual scholarship support and endowment. We can think of no better calling than to bring to Clemson outstanding young men and women who have already served or will be the military leaders of tomorrow.

B. <https://soh.alumni.clemson.edu/the-clemson-corps/>

7. **Southern Wesleyan University Warriors C.A.R.E. Center**

- A. SWU's Warriors CARE Center (Veterans Success Center) is open to any student veteran or military dependent (on-campus or online). The focus of the center is C (courage) A (academic success) R (respect) E (empowerment) to ensure the success of students enrolled at Southern Wesleyan. Among other things, the Center assists student who are veterans, active-duty military, and military dependents (on-campus or online) with VA Education Benefits, helps coordinate tutoring if needed, academic counseling, and career counseling as well as offering periodic "life skills" workshops. There is a student lounge and training room/conference room area as well.
- B. <https://www.swu.edu/military-students/warriors-care-center/>

8. SC National Guard Service Member & Family Care

- A. National Guard families experience challenges that most families do not. SC National Guard Service Member & Family Care supports families in every phase of guard life – from planning for deployment to coming home – and helps you be ready for whatever lies ahead.
- B. <https://www.scguard.ng.mil/Programs-Benefits/Family-Programs/>

9. Guiding Reins

- A. Equine-Assisted Wellness Program for veterans, active-duty personnel, first responders, frontline workers, and/or their immediate family.
- B. Guiding Reins offers an alternative approach to improve mental and/or physical well-being.
- C. <https://guidingreins.org/>

10. Operation Enduring Warrior

- A. Operation Enduring Warrior (OEW) is a veteran-founded non-profit 501(c)(3) whose mission is to honor, empower, and motivate our nation's wounded military and law enforcement veterans through physical, mental, and emotional rehabilitation. Our programs help participants overcome adversity and hardship through innovation, teamwork, and perseverance. This enables the lives of our wounded military and public service veterans to go in directions they may have once thought were impossible.
- B. OEW is a 100% volunteer-run organization. Donations go directly towards operational support of the organization and our various programs.

11. Upstate Warrior Solution

- A. Upstate Warrior Solution is a community-based, nonprofit organization serving warriors and their families in the upstate of South Carolina.
- B. Our mission is to CONNECT warriors and their family members to resources and opportunities, LEAD them through the process of self-empowerment, and INSPIRE the community to embrace local warriors and their family members as valued neighbors and friends.
- C. Our vision is to restore our warriors with a sense of purpose and to empower the Upstate community to be responsive to our warriors and their families.
- D. We offer supportive services to all Upstate warriors and their families. We serve Reservists, National Guard, and active duty, regardless of military branch, nature of discharge, or current life situation.
- E. <https://upstatewarriorsolution.org/>

12. Heroes On the Water

- A. Heroes on the Water is a 501(c)(3) non-profit that provides no-cost therapeutic kayak fishing experiences to veterans, first-responders, active-duty military members and their families. Our volunteer-led chapters hold regularly scheduled events that improve lives while supporting our heroes.
- B. <https://heroesonthewater.org/>

13. Family Promise of Pickens County

- A. Family Promise is a nonprofit organization committed to helping low-income families achieve lasting independence. Family Promise enables churches and volunteers to meet homeless families' immediate needs for shelter, meals, and comprehensive support services.
- B. We mobilize community resources:
 - d. Congregations for volunteers
 - e. Social service agencies for assessment and referrals
 - f. Leslie Flynn Day Center for day programs
- C. This strategy enables Family Promise of Pickens County to help homeless families achieve lasting independence at one third of the cost of a traditional shelter.
- D. <https://www.familypromisepickens.org/>

14. Minuteman Mentorship & Leadership Coaching

- A. As a local, Veteran owned and operated non-profit organization, we have a dual mission. First, we connect Soldiers to Students through mentorship. Second, we connect young Soldiers to experienced

military leaders and Veterans to accelerate their personal and professional development.

- B. We believe mentorship can provide every Student being mentored by a qualified leader a force multiplier to succeed in school and life. We also believe that young Soldiers need mentorship and leadership coaching from experienced leaders who have been successful balancing military and civilian careers. We do that by creating training programs, facilitating mentorship relationships, providing training resources, and other necessary resources to accomplish the mission.
- C. <https://minutemanmentorship.wordpress.com/>

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- B. <https://soh.alumni.clemson.edu/the-clemson-corps/>

5. **Clemson Office of Human Resources (Military Friendly Employer)**

- A. Military & Veteran specific benefits are for employees that self-identify. You do not have to self-ID for general employee benefits.
 - a. Possibility for the Employee and Dependents to stay on Medical Coverage while on Military Duty
 - b. Preferred employment for veteran spouses
 - c. Up to 15 days of full pay while on Military Duty

- d. Athletic Ticket Discounts
 - e. Six credit hours of free classes per semester ETAP Program (All University employees eligible after a year of employment)
 - f. Discounted meal plan option for campus dining
 - g. 10% off employee membership to the Swann Fitness Center (with payroll deduction)
 - h. 10% off employee parking decals (with pre-tax payroll deduction)
- B. <https://www.clemson.edu/careers/military.html>